

FORM 7

MONTHLY PROGRESS REPORT

Name of CSE Issuer: EMP METALS CORP. (the "Issuer")

Trading Symbol: EMPS

Number of Outstanding Listed Securities: 91,673,571

Date: May 1, 2024

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

EMP Metals Corp. (the "Issuer" or "EMP") is engaged in the exploration and development of mineral properties in Canada.

Effective November 16, 2021, the Issuer changed its name from Sentinel Resources Corp. to EMP Metals Corp. The Issuer's common shares are listed for trading on the Canadian Securities Exchange (the "CSE") under the trading symbol "EMPS". The Issuer's shares are also quoted by OTC Markets Group under the symbol "EMPPF".

2. Provide a general overview and discussion of the activities of management.

During the month of April, the Issuer has continued to further explore and develop its mineral properties in Saskatchewan (the "Li-Brine Properties") through its 100% ownership of Hub City Minerals Corp. ("HCM"). HCM owns 75% of the outstanding common shares of Hub City Lithium Corp. ("HCL").

On April 18, 2024, the Issuer announced the commencement and commissioning of its Direct Lithium Extraction ("DLE") Field Pilot Facility (the "Facility") located in Estevan, Saskatchewan. The Facility represents the first Koch Technology Solutions ("KTS") DLE pilot skid to be commissioned and operated in Canada. The operation of the Facility will closely resemble field operating conditions, receiving high lithium concentration feed brine from the Viewfield area. The Facility also features a pre-filtration skid and a heater skid designed by Saltworks Technologies to deliver on spec feed brine at elevated temperatures of approximately 60 degrees Celsius.

The Facility is expected to run 24 hours a day, 7 days a week, over the next few months to gather valuable performance data that will provide the foundation for continued detailed engineering work on the stage 1 commercial facility. The Facility will process approximately 4,500 L per day of feed brine. The lower daily throughput is representative of higher lithium concentrations in the feed brine. This results in lower volume required to fully load the pilot column with lithium on each cycle. Average feed brine lithium concentrations of 185 mg/L have been confirmed through third party lab testing and is representative of the producing zones isolated for the pilot testing.

The Issuer also announced that the board of directors has authorized the grant of an aggregate 300,000 incentive stock options (the "Options") to certain employees and consultants of the Issuer, at an exercise price of \$0.40 per common share. The Options are exercisable for a five-year period from the date of grant and may be subject to certain vesting provisions as determined by the board of directors.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

No new products or services were developed to completion or offered in the current reporting month.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

Not applicable.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

Issuer did not enter into any new business relationships during the month of April, 2024.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

Not applicable.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or

the disposition was to a Related Person of the Issuer and provide details of the relationship.

No assets were acquired or disposed of in the current reporting month.

8. Describe the acquisition of new customers or loss of customers.

Not applicable.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

Not applicable.

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

Not applicable.

11. Report on any labour disputes and resolutions of those disputes if applicable.

Not applicable.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

Not applicable.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

During the reporting month, no indebtedness was incurred or repaid outside of the normal course of operations.

14. Provide details of any securities issued and options or warrants granted.

On April 18, 2024, the Issuer announced that the board of directors has authorized the grant of an aggregate 300,000 incentive stock options (the "Options") to certain employees and consultants of the Issuer, at an exercise price of \$0.40 per common share. The Options are exercisable for a five-year period from the date of grant and may be subject to certain vesting provisions as determined by the board of directors.

15. Provide details of any loans to or by Related Persons.

There were no loans to or by Related Persons in the reporting month.

16. Provide details of any changes in directors, officers or committee members.

There were no changes in directors, officers or committee members in the reporting month.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

None noted.

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CSE that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CSE Requirements (as defined in CSE Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated May 1, 2024.

Rob Gamley
Name of Director or Senior
Officer

(s) Rob Gamley
Signature

CEO and Director
Official Capacity

<i>Issuer Details</i> Name of Issuer	For Month End	Date of Report YY/MM/DD
EMP METALS CORP.	April, 2024	2024/05/01
Issuer Address 208A - 980 West 1st Street		
City/Province/Postal Code North Vancouver, British Columbia V7P 3N4	Issuer Fax No. (604) 684-0642	Issuer Telephone No. (236) 326-2899
Contact Name Rob Gamley	Contact Position CEO and Director	Contact Telephone No. (236) 326-2899
Contact Email Address rob@contactfinancial.com	Web Site Address	